Your employer will provide details of your plan's available travel benefits.

You'll contact Cigna Customer Service at the number on the back of your Cigna ID card to request a travel authorization and start the process.

How to access & use your plan's travel benefits

The Cigna Customer Service Advocate will provide education and guidance on travel benefit coverage and process, and submit your request.

A Cigna Travel Advocate will contact you once your travel request is finalized and guide you through next steps.

You will be reimbursed for eligible travel services under your benefit plan.

After you travel to receive care, you will complete and submit an expense form with the original itemized receipts from transportation and lodging expenses incurred for the covered health plan services.

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